

PHASE-IN TO SECONDARY SCHOOL ACTIVITIES

The OSSAA in conjunction with State Agencies, Physicians and the CDC has determined it is safe as of June 1, 2020 to return to activities with restrictions. In order to insure the safety of all, the following **protocol** will be used. The situation surrounding COVID-19 is fluid and adjustments may need to be made. **ALL SUMMER ACTIVITIES ARE VOLUNTARY AND STUDENTS THAT CHOOSE NOT TO ATTEND WILL NOT BE PUNISHED. ONLY KIOWA STUDENTS WILL BE ALLOWED ON OUR CAMPUS DURING PHASE 1 AND 2.**

During each phase each person, each day of attendance in each activity must complete a COVID-19 Screening form. Vulnerable individuals should not oversee or participate in any workouts during any phase. IF THERE IS A POSITIVE CASE, WE WILL SUSPEND ALL ACTIVITIES ACCORDINGLY.

PHASE ONE—JUNE 1, 2020 THROUGH JUNE 14, 2020

On June 1, 2020 OSSAA member school coaches may have face-to-face contact with secondary level students using the provisions provided below. **No team practice is permitted. One-on-one instruction is permitted during camp.** Strength and conditioning is permitted during camps.

INDOORS (during camp)

WEIGHT ROOM

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100 degrees or above must not be permitted to stay (any 3 digit temperature)
- Hands must be washed or hand sanitizer used prior to entering the facility and touching any equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- 2 people maximum on any one piece of equipment
- Spotters must wear a mask or cloth face covering
- **Social distancing requirements must be followed; the total number allowed in a weight room must comply with social distancing requirements (exception: a spotter should be permitted to safely spot)**
- Each piece of equipment must be disinfected between each user of the equipment
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected **appropriately with use**
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted

GYM/INDOOR FACILITY

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100 degrees or above must not be permitted to stay (any three digit temperature)
- Hands must be washed or hand sanitizer used prior to entering the facility and before beginning any drills or handling of equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- **Social distancing guidelines must be followed**
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected **appropriately with use**
- No scrimmaging or one-on-one
- Batting practice must only be live pitch with no catcher or from a tee
- Infield or outfield drills may be conducted

OUTDOORS (during camp)

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100 degrees or above must not be permitted to stay (any three digit temperature)
- Hands must be washed or hand sanitizer used prior to handling of equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- Batting practice must only be live pitch with no catcher or from a tee
- Infield or outfield drills may be conducted
- **Social distancing guidelines must be followed**
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Any equipment used including balls, bats, helmets, etc. must be **disinfected appropriately with use**

PHASE TWO—JUNE 15, 2020 THROUGH JULY 15, 2020

Camps and clinics may be conducted. Activity specific instruction continue, strength and conditioning is permitted during those camps.

- **Social distancing guidelines must be followed when possible**
- Hands must be washed or hand sanitizer used when entering and leaving facility
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected **appropriately with use**
- Only intra-squad scrimmages are allowed
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted

PHASE THREE SPECIAL NOTE: ON JULY 15, 2020 - Unrestricted practice may begin for fast-pitch and fall baseball, with scrimmages.