

USDA IS AN EQUAL OPPORTUNITY PROVIDER

October 2021

Mon	Tue	Wed	Thu	Fri
				1 Biscuit Gravy Sausage Fruit Juice Milk
4 Cereal Brk Burrito Fruit Juice Milk	5 Oatmeal Egg Ham Biscuit Fruit Juice Milk	6 Pancake Syrup Sausage Fruit Juice Milk	7 Biscuit Gravy Sausage Fruit Juice Milk	8 Brk Bar Cereal Fruit Juice Milk
11 Cereal Cinnamon Toast Ham Fruit Juice Milk	12 French Toast Syrup Sausage Fruit Juice Milk	13 Biscuit Gravy Sausage Fruit Juice Milk	14 FALL BREAK	15 FALL BREAK
18 Pancake Stix Syrup Fruit Juice Milk	19 Biscuit Gravy Sausage Fruit Juice Milk	20 Brk Pizza Cereal Fruit Juice Milk	21 Biscuit Oatmeal Ham Egg Fruit Juice Milk	22 Cereal Cinnamon Toast Chicken Fruit Juice Milk
25 Biscuit Gravy Sausage Fruit Juice Milk	26 Chicken Slider Cereal Fruit Juice Milk	27 Oatmeal Cinnamon Toast Sausage Egg Fruit Juice Milk	28 Cereal Brk. Burrito Fruit Juice Milk	29 Pancake Stix Syrup Cereal Fruit Juice Milk

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Mon	Tue	Wed	Thu	Fri
				1 Salisbury Steak Mash Potato Bread/Gravy Winter Veggie Fruit Milk
4 Frito Chili Pie Broccoli Salad Corn Fruit Milk	5 Meatloaf Broccoli Rice Tuscan Veggie Fruit Milk	6 Beef Enchiladas Refried Bean Black Bean Salsa Chip Fruit Milk	7 Chicken Dumpling California Veggie Bread Salad/Ranch Fruit Milk	8 Chicken Pot Pie Bread Salad/Ranch Carrots Fruit Milk
11 Spaghetti Salad/Ranch Corn Fruit Milk	12 Lasagna Mexican Corn Bread Salad/Ranch Fruit Milk	13 Stroganoff Bread Salad/Ranch Green Bean Fruit Milk	14 FALL BREAK	15 FALL BREAK
18 Steak Finger Bread Mac/Cheese Green Bean Fruit Milk	19 Pizza Potato Soup Tomato/Ranch Fruit Milk	20 Meatball Sub Chip Potato Salad Fruit Milk	21 Fish Beans Cornbread Cole Slaw Fruit Milk	22 Deli Sandwich Lettuce/Tomato Pickle/Onion Pasta Salad Fruit Milk
25 Taco Casserole Salad/Ranch Corn Fruit Milk	26 Chicken Stir Fry Salad/Ranch Baby Carrot Fruit Milk	27 Stuff Peppers Scalloped Potato Bread Green Bean Fruit Milk	28 Pizza Chicken Soup Cucumber/Ranch Fruit Milk	29 Grill Cheese Tomato Soup Italian Veggie Fruit Milk